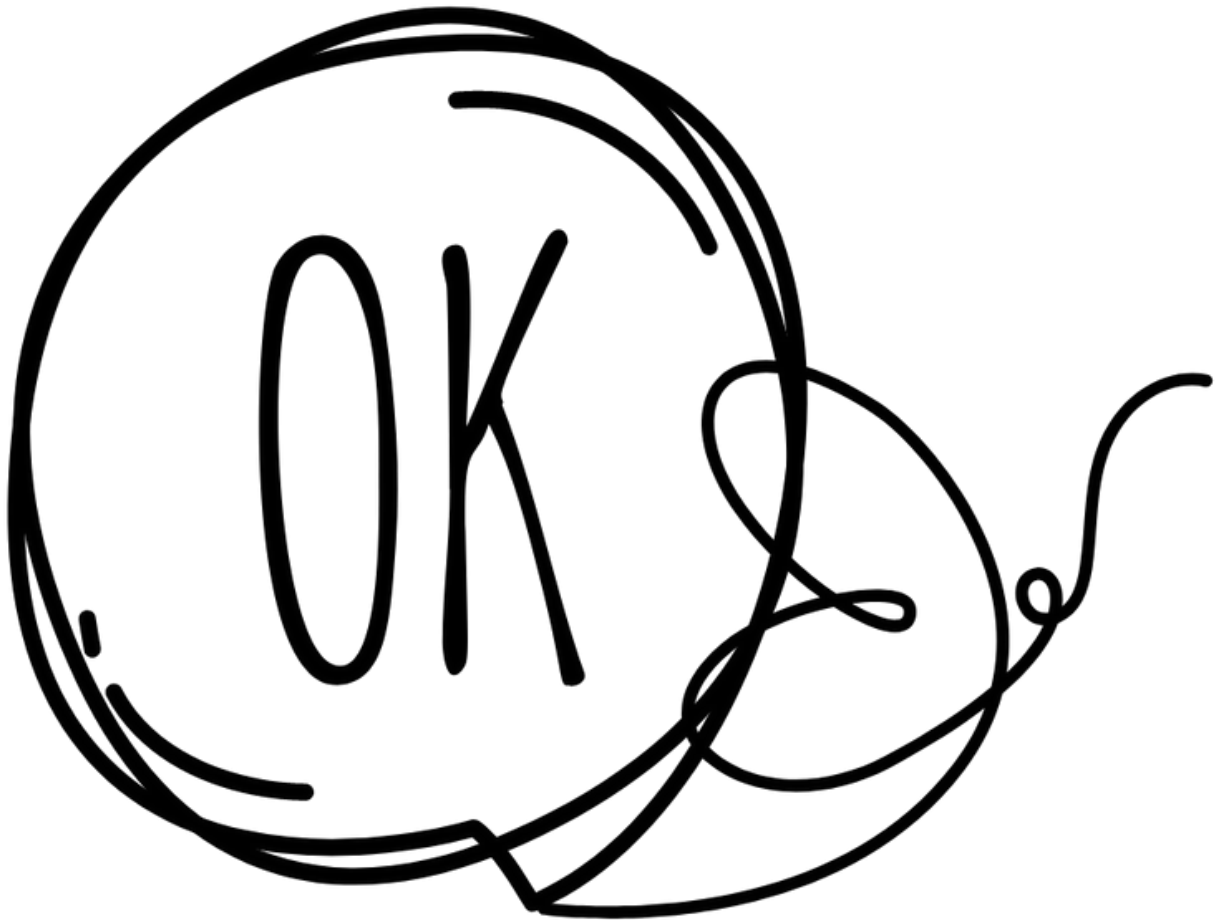


In honor of Children's Grief Awareness Month



Movie directory

Fostering healing for grieving families
across the Rio Grande Valley

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CHILDREN'S BEREAVEMENT CENTER
RIO GRANDE VALLEY

in partnership with
Moonflower Therapeutic Arts Center LLC





MOVIE NIGHT!

Movies can be a relaxed way to begin a conversation about death and grief. The following directory provides a few movie suggestions based on different types of death losses.

Consider gathering members of the griever's support system, grab some snacks, watch the film, and have an informal discussion after.

With each film listed, a few conversation starters have been provided. This is a chance to explore more about each individual's understanding of death, dying, and grief.

It is okay to talk about death, dying, and grief.



Grief in Motion Pictures Directory

Age & Rating	Type of Death Loss	Movie
PG: All	Pet loss	Marley and me
Discussion Questions	Did the grief look different for the children and the parents after Marley's death?	Marley had many good and bad days with the family. How did those impact the family's grief?
G: All	Grandparent Loss	Encanto
Discussion Questions	Maribel did not meet her grandfather. Do you think she still grieved his death?	Abuela was changed when her husband died. What are some of the new behaviors or thoughts that happened after the death?
PG 13: 13 and up	Sibling Loss	Black Panther: Wakanda Forever
Discussion Questions	Shuri handled her grief differently than her mother and friends. What was different about her grief?	Shuri was drawn to the spirit of Erik. What do you believe she needed to learn from him to move forward in her grief?
PG 13	Death due to violence	Extremely Loud & Incredibly Close
Discussion Questions	Oskar mentions things have gotten harder since "the worse day". What are some things that appear more challenging for Oskar since the loss?	What do you make of the symbolism of the key in the movie?



Grief in Motion Pictures Directory Continued

Age & Rating	Type of Death Loss	Movie
PG: All	Parent Loss	Frozen II
Discussion Questions	Anna and Elsa's parents die in the first movie. How did they grieve their death differently in the second movie?	In what ways did being older change how Olaf, Anna, Elsa, and Kristoff responded to the challenges they faced?
G: All	Death due to illness	Walk to Remember
Discussion Questions	Landon and Jamie were dating when he learned of Jamie's terminal illness. What kind of changes occurred in their relationship thereafter?	Four years passed since Jamie's death in the film. What emotions did Landon appear to be experiencing?
PG 13: 13 and up	Multiple Loss	Reign Over Me
Discussion Questions	Charlie uses music and videogames to cope with his loss. How did Charlie Fineman use videogames to express his grief?	Charlie finally decides to open up to Alan about his loss story. What kind of behavioral and mental changes happened to Charlie afterwards?
PG	Friend Loss	My Girl
Discussion Questions	Vada grew up around funerals. When her friend died, it was not the same as the other funerals. What was different?	Vada experiences hypochondria. What are some circumstances that might have led to this fear? How do the adults support her through this?



Grief in Motion Pictures Directory

Age & Rating	Type of Death Loss	Movie
PG: All	Parent Loss	The Good Dinosaur
Discussion Questions	How did Arlo's family come together after his dad died?	Spot was adopted by a new family, how do you think this will change his life?
PG: All	Spouse Loss	We Bought a Zoo
Discussion Questions	How does buying and opening the zoo help the family on their journey of healing?	Benjamin struggles with the changes that occurred after the death of his wife. How can changes, or secondary loss, affect our ability to grieve?
PG 13	Child Loss	Collateral Beauty
Discussion Questions	As Madeline faces her daughter's death, she is told to "just make sure you noticed the collateral beauty". What do you think that means?	How does Howard's isolation affect other people in his life?
PG 13	Parent Loss	Slumberland
Discussion Questions	What do you think Nemo needed from her uncle when she first moved in with him?	Throughout the film, it appears that uncle Philip was disconnected from his emotions. How do you think this changed him grieving his brother?

